

SDN Children's Services

Autism and developmental delay support as unique as your child



1300 831 445 | www.sdn.org.au

The support we provide

We are autism and developmental delay specialists that help overcome the challenges that make everyday life and participation tough for children.



We help children to:

- ▶ develop skills for everyday life
- ▶ prepare for important milestones and transitions, like starting school and transitioning to high school
- ▶ develop the self-care skills they need
- ▶ establish healthy mealtime routines
- ▶ develop their social and communication skills
- ▶ access the therapies your child needs, like speech therapy or occupational therapy.

We also:

- ▶ help transform your most stressful times, like mealtimes or getting off to school, through positive behaviour support
- ▶ help you, your family, and others in your family's life (like teachers) to support your child to learn, grow and develop
- ▶ advocate for the inclusion of your child in everyday services like school, sports or child care.

You'll benefit from:

- ▶ more direction — from the very beginning, we'll discuss the skills you'd like to see your child develop. From here, we can develop a plan to achieve these goals
- ▶ better understanding — before any changes are made, we'll listen to you to learn what is working and what has worked before. The aim is then to build on these strengths so the whole family can make the changes that will benefit everyone
- ▶ strengthened skills — every child is unique and you know your child best, so with us you lead the way. We'll help you develop the skills you need to help your child every day.

How we work

We work with you to build a customised plan that is tailored to meet your child's needs.



Whether it's supporting you and your child with a specialist, like an occupational therapist, speech pathologist or physiotherapist, or a more team-based approach, you'll have the backing of a whole team of skilled and experienced professionals.

As your child's needs change and grow, your child's therapeutic needs may also change. At SDN we have the capacity and expertise to grow with them.

Therapy is there to improve your day-to-day life, not get in the way. With this in mind, we ensure our therapy works in with your regular routine. We deliver therapy in our clinic as well as in the places your child lives, learns and plays.

Where we work

- ▶ Liverpool
- ▶ Parramatta
- ▶ Rooty Hill
- ▶ Penrith
- ▶ Burwood
- ▶ Sutherland
- ▶ Redfern
- ▶ Lithgow.

Our team includes:

- ▶ Occupational therapists
- ▶ Speech pathologists
- ▶ Physiotherapists
- ▶ Early intervention teachers and social workers.



For more information call

1300 831 445

Meet Annabelle and Kathleen

Kathleen's daughter, Annabelle, was diagnosed with Autism Spectrum Disorder (ASD) at age two and a half. Annabelle loves buses and the beach, no matter how cold, hot or wet the weather is. Social interaction is a major part of her therapy, and for Annabelle leaving the house to visit the beach or her specialists plays a beneficial role in her development.

'For us, we see progress and celebrate all progress. A huge achievement while with SDN was the introduction of her iPad to express herself. Annabelle is non-verbal but despite the challenges associated with her complex communication needs, she is a motivated communicator — just the other week, she participated willingly and actively in group news at preschool thanks to her 'iPad voice' and the support we have received to implement its use into our daily lives.'



sdn
children's services

**For more information call
1300 831 445**

www.sdn.org.au

SDN is a registered NDIS provider.